



SPORTING INFLUENCE

Improving Social Skills Through Sport

PE With Mr Whitford

This term Mr. Whitford has been focused on Striking and Fielding games and Athletics with each class.

Reception demonstrated brilliant determination throughout their lessons.

- Striking and Fielding - children worked on their control when striking an object and basic throwing and catching techniques.
- Athletics - children explored ways of controlling their body when moving at different speeds, jumping techniques and developed knowledge of how to throw for distance and accuracy.

Year 1&2 children have worked extremely hard in all of their lessons.

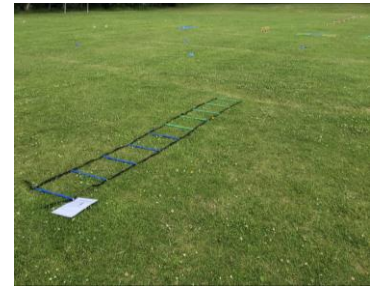
- Striking and Fielding - children developed control when striking a ball, basic throwing and catching techniques and started to apply these to modified games.
- Athletics - children started to recognise how to run over longer and shorter distances effectively and increase the distance when throwing and jumping.

Year 3&4 children have encouraged and supported each other really well throughout their lessons.

- Cricket - children worked hard on their batting, fielding and bowling skills.
- Athletics - children demonstrated knowledge of how to pace themselves when running and explored the triple jump, shot putt and relay.

Year 5&6 children have shown great teamwork In Cricket and Athletics.

- Cricket - children worked hard on their batting, fielding and bowling skills looking to apply them consistently within a game.
- Athletics - children communicated really well when working on the relay and enjoyed exploring the Javelin and hurdles.



Agility ladder used by Class 1 when exploring different ways of moving.



Different sized balls for Class 2 Striking and Fielding



Javelins used by Class 4



To find out more visit:
www.sportinginfluence.com