

# Identities



#### **Learning Objectives**

By the end of this lesson, I will:

- Understand the term identity
- Explore my sense of identity
- Develop my self-esteem through sharing my identity
- Be able to creatively express aspects of my identity
- Gain an appreciation and respect for the diversity of identities within a community.



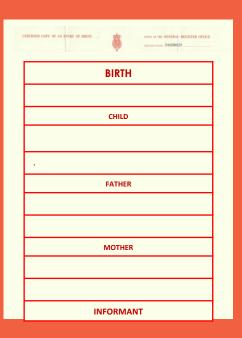
In this lesson we will discover what is meant by the term 'identity.'

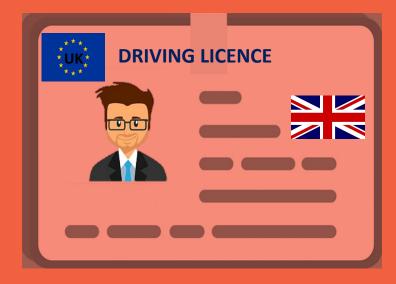
We will explore our own sense of identity and share this with others, appreciating the diversity of identities that make up our community.

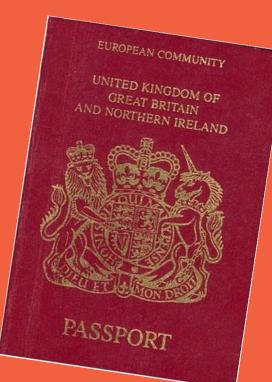


Birth certificates, driving licences and passports can all be used as a

proof of identity.







- Q. What is a proof of identity?
- Q. What could we learn about people from these items?



#### These documents can be used to show that a person is who they say they are. They could tell us:

- A person's name
- What they look like
- Date of birth
- Place of birth
- Nationality
- Addresses they have lived at
- Name of their parents



### Q. But what else would you ask someone if you wanted to get to know them really well?



We are so much more than what identification documents can show.

Our **identity** is who we feel we are.

We call this feeling our 'sense of identity'.

Everyone's sense of identity is complex which means that it is made up of many parts.

Greek Cypriot

A joker

Guitarist in a band

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**Steven Christos** 

Arsenal season ticket holder

English Brother

Dad

Family cook

**Engineer** 

Loyal friend



#### What makes you, you?



#### **Female**

#### **English**

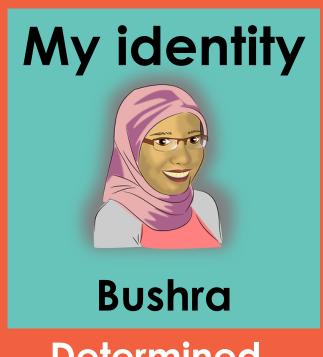
#### **Pakistani**

**Daughter Eldest sister** 

> Music and movie lover

Muslim

**Thoughtful** 



**Determined** 

Competitive

**Urdu and English** speaker

**Creative writer** 

Midfielder in the school football team



Only child

Grandson

#### Friendly

Member of the drama club

Not sure if there is a god (Agnostic)

#### Male



A Scout

#### Welsh

**Jamaican** 

Vegetarian

Supporter of Cardiff Rugby Football Club

**Mathematical** 

A problem solver



Daughter and step-daughter

**British** 

Scottish

**Aunty** 

Godmother

Member of a choir

Pacifistagainst all violence

Catholic

Organised Calm

Curious

My identity

Ms McKenzie/

Ali

Glaswegian

Primary school teacher

Volunteer at a hospice

Scientific

Xc

Appearance Family

Name

Culture

**Ethnicity** 

Beliefs and values

Goals and dreams

**Nationality** 

My Identity

**Opinions** 

Groups you belong to

Gender

Interests

Skills and talents

Like/dislikes

Personality

Friendships

Knowledge



#### Interviews:

- Q. Which parts of your identity are most important to you? Why?
- Q. What parts of our identity do you think we share in common?
- Q. What about my identity interests you the most? Why?

## X

#### Coat of arms

A coat of arms was traditionally designed for families or people of great importance.

The colours, mottos and images they chose reflected information about the people for whom they were designed.

Q. What do you think we can learn about the person who has this coat of arms?



## X

#### Coat of arms



Blue reflects my calm personality.

The dove symbolises my belief that we should work towards peace.

The thistle shows my Scottish heritage. It is the national flower of Scotland.

The motto reflects my values.

The atom shows my scientific curiosity and the musical notes my love of singing.



## X

#### Coat of arms

Create a coat of arms that reflects your identity.

You might want to include:

- Your heritage
- Your beliefs
- Your interests

Your identity could be shown by:

- Symbolic pictures
- Colour choices
- Motto





#### Our growing identity

Q. Will our sense of identity always be the same?





Some parts of our identity may change with age and experience such as our likes, dislikes, interests, knowledge, skills, role in a family, beliefs.

Some parts of our identity will never change such as our ethnicity, eye colour and fingerprints.

## Q. How has your sense of identity changed over the years?





#### Our growing identity

Write a letter to your future self telling them about the kind of person that you want to become.

#### Tell them:

- What you hope to learn.
- What they could do to make you proud.
- Something to remember as they grow up.

#### Dear Future Self,

I hope that you are continuing to enjoy learning new things everyday. It would be great if you knew more about the plants and animals on our Earth so that you can protect them better.

I would be proud to know that you are a good friend to others and someone who takes care of the environment.

Please remember that failing at things is part life and our failures can make us wiser and stronger.

## Plenary:

- Explain why no two identities are the same.
- Think of three or more reasons why it is good to be you.