

# Pass the Water Challenge

## Team Building Activity

### The Activity

In group sizes of your choice (the smaller the easier), children need to stand one behind the other. Each person in the team needs to have a cup. Your challenge is to have the same amount of water in the first person's cup as the last.

### You will need:

Clear plastic cups

Water



### Instructions

1. Organise yourselves into groups, standing one behind the other.
2. The first person's cup needs to be full and the rest empty.
3. Starting with the first person, you need to pour your cup of water behind your head without looking.
4. The person behind you needs to try to catch the water in their cup.
5. Continue until the last person.
6. The winning team is the one which has the most water at the end.

### Ways to Extend

Pass in a different way.

Wear a blindfold.

Have a longer line of children.

